

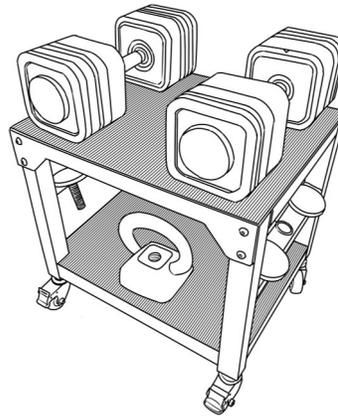
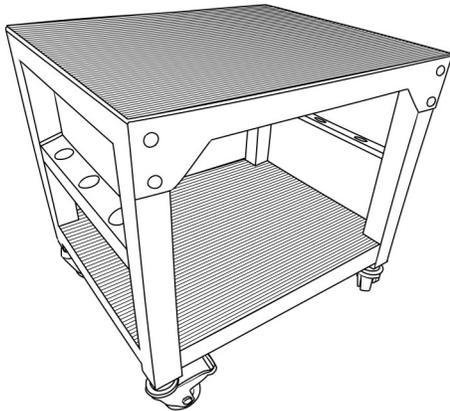
# Assembly & Operating Instructions

## Ironmaster PRO Stand 120

Congratulations on your purchase of this fine Ironmaster product. Be sure to read and understand the operating instructions to achieve the best performance and avoid injury.

This dumbbell stand is designed to hold Quick-Lock Dumbbell equipment, weight plates, locking screws, kettlebells, etc. Heavy duty, rated for 400 lbs total load.

It is recommended to keep small stacks of weight plates on the top between the dumbbells for speedy weight changes (See user tips). There are many options for storage as desired.



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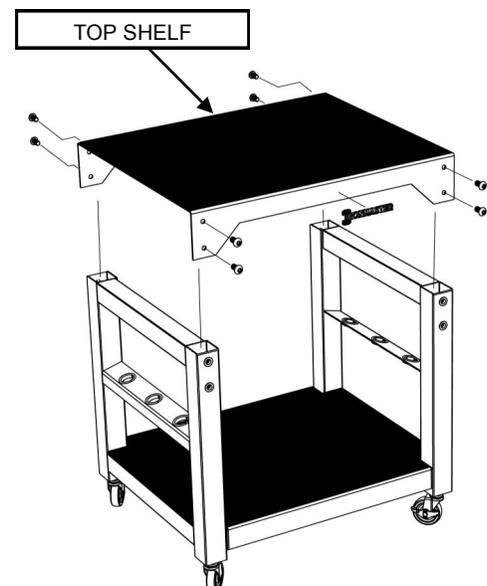
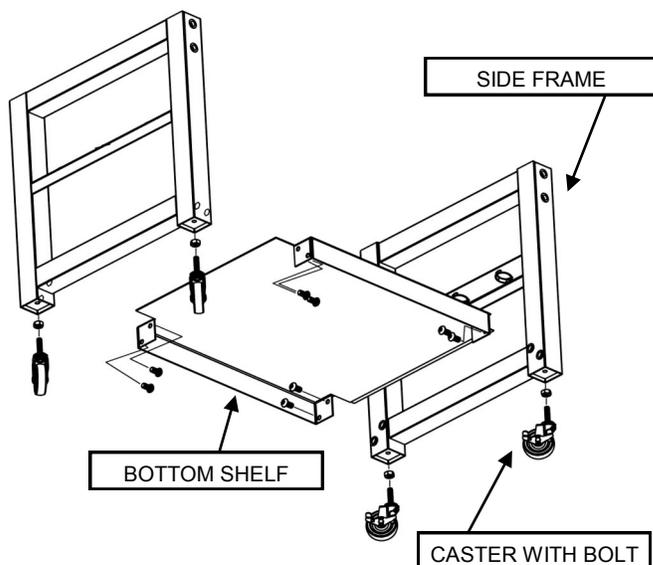
- 1x BOTTOM SHELF
- 1x TOP SHELF
- 2x SIDE FRAME
- 4x CASTERS (2 locking)
- 16x 10mm ALLEN PAN HEAD BOLT
- 1x IRONMASTER EMBLEM (Shown in assembly)
- 1x 6mm Allen wrench (Not shown)

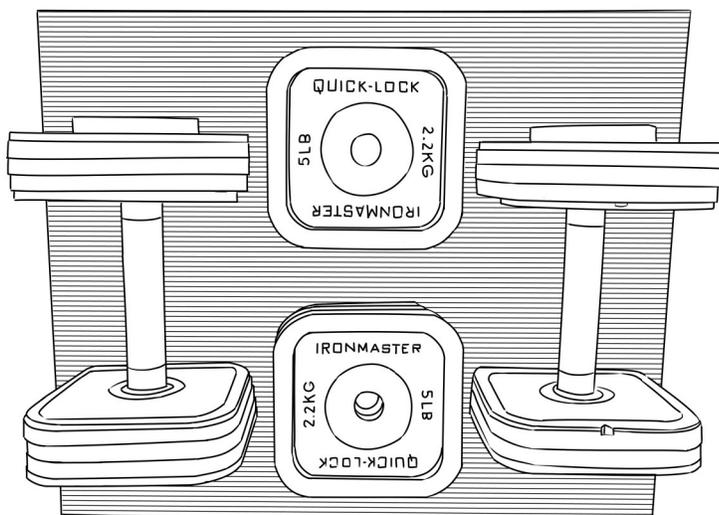
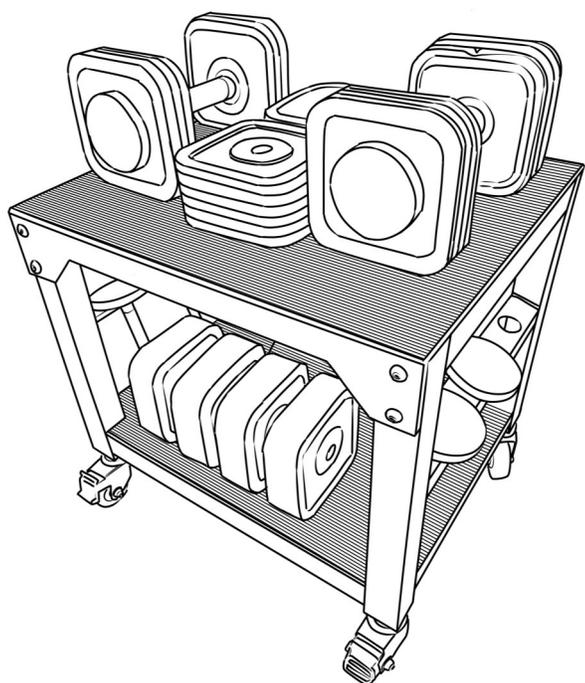
### ASSEMBLY:

Begin with SIDE 2x/BOTTOM SHELF/CASTER with BOLT and 8x BOLTS as shown left. DO NOT FULLY TIGHTEN BOLTS. Then Attach CASTERS To bottom of each SIDE with both locking casters in the front as pictured.

Use 8x BOLTS and 1x TOP SHELF, complete the assembly. Fully tighten all BOLTS prior to use.

NOTE with CASTERS. They have some minor adjustability using the thread length of the bolt to account for uneven surfaces. Thread the caster bolt all the way into the legs and only adjust longer if needed to level. Be sure to tighten the lock nut securely. This will require a 3/4" and 18mm wrench or small adjustable wrench.





#### USER TIPS:

Store the Quick-Lock Dumbbells on the top shelf as pictured and keep unused plates stacked in between the handles. Change the weights on one end of one dumbbell at a time. This is the proven setup for quickest weight plate changes.

Store extra locking screws in the side storage positions and keep extra add on weight plates or other equipment on the lower shelf.

For further details regarding this product, operation, tutorials and video links, please visit our website [www.ironmaster.com](http://www.ironmaster.com)

#### SAFETY AND MAINTENANCE NOTES:

Check bolts for tightness periodically and re-tighten as needed.

Use care when rolling PRO STAND with heavy loads. You may need to remove some weight on uneven floors.

**For customer service, contact your local distributor or:**  
Ironmaster LLC, 14562 167th Ave SE Monroe, WA 98272 USA

#### Warranty Information:

Ironmaster warrants to the original purchaser that this Home Fitness Product will be free from defects in workmanship and materials for a specific period from date of purchase based on the part type listed below. During the warranty period, Ironmaster will either repair or replace, at its option, defective part(s) at no charge. Warranty covers in-home use only.

1 year for normal wear items such as rubber, upholstered parts and surface finishes.

10 years for frame and structural components.

Shipping costs are not included in the warranty and some items may need to be sent to Ironmaster for repair or replacement. Installation of any parts and labor involved is not included. The warranties described above shall be the sole and exclusive remedy available to the purchaser. Correction of defects, in the manner and for the period of time described above, shall constitute complete fulfillment of all liabilities and responsibilities of Ironmaster to the purchaser with respect to the product, and shall constitute full satisfaction of all claims, whether based on contract, negligence, strict liability or otherwise. In no event shall Ironmaster be liable or in any other way responsible for damages or defects in the product which were caused by repairs or attempted repairs performed by anyone other than Ironmaster or Authorized Service Contractor. This warranty shall not apply if the defect was caused by misuse, neglect or normal wear and tear of the product purchased. Nor shall Ironmaster be liable or in any way responsible for any incidental or consequential economic or property damage. Some states do not allow the exclusion of incidental or consequential damage, so the above exclusion may not apply to you.